



YOUR A-Z FSA LIST

Do you have money remaining in your flexible spending account (FSA)? You can use your health FSA on so many eligible expenses that the list practically runs from A to Z. Check out this list of ideas or visit https://learn.hellofurther.com/Individuals/Spending_Your_Account/Eligible_Expenses and be sure to spend down your FSA dollars before the end of 2021.

Source: Further by Health Equity



A
Asthma treatments



G
Glucosamine



M
Medical grade face mask



S
Sunscreen (broad spectrum 15 SPF+)



Y
Yeast infection medication



B
Bandages



H
Hand sanitizer - antibacterial



N
Nicotine gum, patches, etc.



T
Thermometers



Z
Get some Z's knowing your FSA dollars are well-spent!



C
Contact lenses



I
Incontinence supplies



O
Orthodontia



U
Urological care



D
Deductible (medical/dental)



J
Joint health medication



P
Prescription drug cost share



V
Vitamins



E
Ear wax removal kits



K
Knee brace



Q
QR code to the FSA/HSA store



W
Wart remover



F
Feminine hygiene products



L
Laxatives



R
Reading glasses



X
X-rays

TIP:
You can easily purchase FSA-eligible items at the Amazon FSA and HSA Store. Portico members with an FSA or HSA can use the Further debit card.

About Portico Benefit Services

Portico provides ELCA health, retirement and other benefits that enhance the well-being of those who serve ELCA-affiliated congregations and organizations.

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The eligibility for any benefit will be governed by the terms of the applicable plan, program or policy. Portico Benefit Services (and its designee or the insurer or claims administrator, as applicable) shall have the power, including, without limitation, discretionary power to make all determinations that the plan(s) require for its administration, and to construe and interpret the plan(s) for purposes of determining eligibility and benefits.